שבת שלום

Building On Our Legacy

September 2-3, 2016 30 Av 5776 Parashat Re'eh Etz Hayim pp. 1061-1084

Shabbat Shalom

Beth El-Norwalk



Ita Paskind, Rabbi rabbipaskind@congbethel.org
Amy SantaLucia, Nitzan Nursery School nitzan@congbethel.org
Al Treidel, Navasky School Director navasky@congbethel.org
Sharon DeFala, President president@congbethel.org

Service Times

- * Monday-Friday: 8:00AM
- * Friday Shabbat Evening: 6:30PM
- * Shabbat Morning: 9:30AM
- * Sunday Morning services can be scheduled by request.
 Please speak to Rabbi Paskind at least a week in advance.
- * Major Secular Holidays: 9:00AM

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109 East Avenue, Norwalk, CT 06851 (203) 838-2710 or office@congbethel.org www.congbethel.org

WEEKLY TORAH

Parashat Re'eh continues Moses speeches to the Israelites. Warning that they face the choice between a life of blessings or a life of curses, he urges them to observe God's commandments in the land west of the Jordan, where they will settle. He tells them to destroy all idolatrous altars and to worship at the place designated by God. Rules about sacrifices, tithes, and care for the Levites are discussed along with regulations for slaughtering and eating meat. Moses warns the people not to be lured into idolatry by false prophets, family members, or friends. He commands them not to disfigure themselves or eat anything harmful to their health. He clarifies which animals are permitted and which are forbidden for eating and details regulations for setting aside a tenth part of one's produce (tithe) for the stranger, fatherless, and widow. Moses also defines the sabbatical year as a time for canceling all debts and for extending care to the needy, promising that those who help the poor will be blessed with no regrets. In addition, he instructs the Israelites in the treatment of slaves and reviews the three Pilgrimage Festivals of Pesach, Shavuot, and Sukot.

From: A Torah Commentary for Our Times by Harvey J. Fields

THE WEEK AHEAD

Fri, Sept 2, 6:30pm Kabbalat Shabbat Service, 7:05pm Candlelighting

Sat, Sept 3, Rosh Chodesh Elul, 9:30am Shabbat Service

Sun, Sept 4, Rosh Chodesh Elul

Mon, Sept 5, Labor Day, Office Closed, 9:00am Minyan

Tue, Sept 6, 9:15am Mishnah Class, 9:30am Nitzan Student Orientation, 4:15pm Navasky Opening Day

Wed, Sept 7, 9:00am Nitzan Opening Day

Thurs, Sept 8, 10:30am Soup Kitchen, 7:30pm Rosh Chodesh Book Club

Fri, Sept 9, 6:30pm Kabbalat Shabbat Service 6:54pm Candlelighting

Sat, Sept 10, 9:30am Shabbat Service/Board Installation, 10:30am Youth Services

Join us for morning minyan Monday-Friday at 8:00am, unless posted

BIMAH OFFICERS AND SHABBAT GREETERS

Shabbat Morning Bimah Officer, 9/3 – Sharon DeFala

Shabbat Morning Greeters, 9/3 – Bob Neumann

Shabbat Morning Bimah Officer, 9/10 – Dina Fleischmann

Shabbat Morning Greeters, 9/10 - Regina Young

LIFE CYCLES

Thank you to Cindy Almanzar for sponsoring the Oneg on Friday night. Refuah Shleimah to Martin Shankman

JFS FOOD DRIVE

JFS Kosher Food Drive Pantry Drop-off Deadline (for the food that will be delivered to those in need before the holidays) is September 23rd. Pick-up will be September 26th. We will continue to collect throughout the holidays. Nitzan Nursery School collects food **EVERY FRIDAY** for JFS. Please drop off non-perishables in the lobby or with Amy SantaLucia, Director of Nitzan.

MUSICAL KABBALAT SHABBAT

Last Musical Kabbalat Shabbat is Friday, Sept 2

NITZAN NURSERY SCHOOL

FALL MITZVAH PROJECT



September 12-23rd

Please bring in new school supplies to be donated to Mercy Learning Center (Bridgeport).

Baby and Me COMING THIS FALL!

Every Thursday from 9:30am-10:30am. Classes begin September 22nd. Please join us and meet other caregivers with young children (ages birth – 2 years) and help your child begin socializing with others.

PLEASE KEEP THE BOXTOPS COMING! DROP THEM IN THE OFFICE OR TO AMY SANTALUCIA IN THE NITZAN OFFICE!

NAVASKY

Wanted: Teen volunteers (Grades 8-12) to help with High Holiday youth activities. Please contact Al Treidel at treidad@aol.com or 203.838.2710. Mr. Treidel will be happy to sign off on community service hours.

Time to register your youngster in Navasky Explorers: Contact Al Treidel for more information!

K'tanim (3's/4's meets monthly), **K-Grade 2** (meets Sunday mornings), **Grades 3-7** (meets Tuesdays & Sundays) and **8**th **Grade Program** (meets 1 Sunday a month plus Community Service work)

College Bound Workshop

Sept 18, 1:00pm

Grades 9-12. Free to Beth El Families. Limit 10 families.

UPCOMING EVENTS

Sept 11, 10:30am – Knit n' Nosh

12:30pm – Six13 Performance (CBE Fairfield)

Sept 15, 7:00pm – Cooking with Cecily Gans

Sept 17 & 23 – Mahzor Lev Shalem High Holiday Teaching (with Rabbi Paskind)



Sept 20, 7:30pm – The Gershon D. Cohen Memorial Lecture:

The Blessing of Assimilation – Then and Now, Livestream at Beth El

Sept 23, 7:00pm – Membership Dinner with Musical Kabbalat Shabbat (Westville Kosher Market catering)

Sept 24, 8:30pm – Selichot Program & Service at Temple Beth El Stamford

Sept 27, 7:45pm – Stepping Up To Repair The World (Movie), JFS Bridgeport Campus (4200 Park Ave). RSVP 203.266.8197



RESCHEDULED

Weir Farm Art Day has been rescheduled to the spring due to a conflict with an event on the same day already scheduled at Weir Farm.

YOUTH SERVICES ARE COMING BACK!!

First Youth Service will be September 10th at 10:30am

NIGHT OF REMEMBRANCE & RENEWAL

Sept 29, 7:00pm – Join fellow congregants who have been bereaved recently as we remember our loved ones and find the strength and inspiration to enter a new year. RSVP to the Office is encouraged by Sept 27th.

DON'T FORGET...

To order or RSVP by the following deadlines:

- Sept 6 Holiday Greetings, Flowers on the Bimah and Yizkor Book
- Sept 9 Cooking with Cecily Gans
- Sept 16 High Holiday Babysitting and Schmooze Into Shabbat Dinner
- Sept 23 Abels Food Order, JFS Food Pantry Drive Drop-off, Mercy Learning Center School Supply Donations

Sept 30 - Lulav & Etrog Order

WE ARE ON AmazonSmile!

AmazonSmile, smile.amazon.com, is a simple way for you to support CBE every time you shop, at no cost to you. When you shop, Amazon donates a portion of the purchase price to CBE.

Once you sign-up (or login), you just need to choose Congregation Beth El of Norwalk as the charitable organization you wish to support.

SPONSOR A KIDDUSH OR ONEG

Sponsoring a Kiddush just got easier! Celebrate a simcha: a birthday, special event or anniversary. \$180 covers the cost of a regular Shabbat Kiddush. To sponsor the Friday night Oneg, \$36 covers all. Celebrate with the community!

YAHRZEIT/MEMORIAL PLAQUES FEEL THE CONNECTION (L'DOR V'DOR)

Feel" your loved ones' presence each time you come to Shul. See their plaques lit up on their Yahrzeits and the High Holidays. Call Ellen Gordon, 03.847.3559 or email the Office for info.

GIFT SHOP

The Gift Shop is open 9:30am-12:00pm every Sunday Navasky is in session. When Navasky's closed, contact Nancy Oberst or Hilary Shaefitz.

FOOD and GIFT CERTIFICATES



Don't forget to buy your Food and Gift Cards! To order, call the synagogue, 203.838.2710.